

What is CPM and what does it do?

Your doctor has prescribed a home Continuous Passive Motion device to aid in your rehabilitation. A CPM moves your joint passively and provides many benefits following your surgery.

Including:

- ◆ **Minimizes formation of adhesions (scar tissue)**
- ◆ **Decreases pain and swelling**
- ◆ **Decreases overall joint stiffness**
- ◆ **Increases nutrition to the joint**
- ◆ **Maintains the joint range of motion that you, your therapist and doctor are trying to achieve**



Guidelines for CPM Use

The CPM should only be used under the advice or prescription of your doctor or therapist. The only way the CPM device will help in your rehabilitation is for you to use it daily, in accordance with your doctor's prescription.



Restoring Health Day by Day

Your doctor / therapist has recommended the following usage:

_____ times per day
_____ hours per day
_____ number of days to use.

Increase the range of motion:

_____ degrees per day

Additional instructions / comments:

Note: Discontinue using the CPM if you experience significant increased pain, redness, or swelling, and contact your doctor or therapist.

Patient Usage Log:

On the back page of this brochure is a log for you to track your progress and use of the CPM. Your therapist and/or doctor will want to review this log.

Please write down the time of day you start and stop the CPM for each use. Also write down the range of motion in degrees at the end of each use, as instructed by your doctor or therapist.

Patient Follow-Up:

A professional staff person will call you at home to answer any questions or concerns you may have regarding the CPM. Someone will be available to assist you 24 hours a day 7 days a week should the need arise, by calling the following number:

(800) 861-1633

Insurance Coverage and Payment:

CPM's are considered durable medical equipment. All insurance companies have different coverage's and options available. A common coverage is 80% with the insured patient being responsible for the uncovered 20%. However, your particular policy may or may not cover durable medical equipment, or CPM therapy for your particular condition. Some policies may require pre-authorization for coverage to apply. With your cooperation **OmniKare, LLC** can help you determine our coverage, and will bill your insurance directly. You will be responsible for any amount not covered by insurance.

Questions and Concerns:

Call **OmniKare, LLC** (not your doctor or therapist) if you have problems with the equipment or questions about insurance coverage.

We at **OmniKare, LLC** are here to help you in your recovery, and appreciate the opportunity to serve you.

