



Stacie Lynne Grossfeld, M.D.

sgrossfeld@louisvillebones.com

Orthopaedic Specialists

Baptist Hospital East Campus, 4001 Kresge Way, Suite 330

Louisville, KY 40207

502 – 212 BONE/FAX – 212 – 2004

www.louisvillebones.com / On Facebook as Orthopaedic Specialists PLLC

Education

- **Board Certified Part 1 and Part 2: American Boards of Orthopaedic Surgery**
- **Board Certified Sports Medicine: American Board of Orthopaedic Surgery**
- **Kentucky and Indiana State Licensed**
- **Fellowship: 8/1/96 to 7/31/96**
Sports Medicine, University of Western Ontario, Fowler – Kennedy Sports Center, London, Ontario Sports Medicine Fellowship
- **Residency: 7/1/92 to 6/30/96**
Orthopedic Surgery: University of Minnesota Hospital and Clinics
- **Internship: 7/1/91 to 6/31/92**
General Surgery: University of Minnesota Hospital and Clinics
- **Doctor of Medicine: 1987 to 1991**
University of Louisville School of Medicine, Louisville, KY
- **Bachelor of Arts: 1982 to 1987; Biology and Chemistry**
Indiana University Southeast, New Albany Indiana
- **High School: 1979 to 1982**
Drummond High School, Drummond, Wisconsin

Academic and Professional Experience

- **Clinical Assistant Professor for the Sports Medicine Fellowship Program at University of Louisville (2006 – 2010)**
- **Clinical Assistant Professor for the Department of Family Medicine and Geriatrics (2000 – Present)**
- **Clinical Assistant Professor for the Department of Internal Medicine and Pediatrics University of Louisville (2000 – Present)**
- **Clinical Assistant Professor for the Medical and Rehabilitation Program at University of Louisville (2015 – Present)**
- **Lincoln Memorial Physician Assistant School: Orthopaedic Clinical Preceptor (2015 – 2016)**
- **GEM Program Preceptor: Guaranteed Medical School (2014 – Present)**
- **Centre College Surgical Internship Founder (2013 – Present)**
- **Women of Influence Mentoring Program – Female Student Athletes at University of Louisville pursuing a career in medicine: (2018 – Current)**

Team Physician

- **U of L Women’s Soccer (2005 – 2010)**
- **U of L Women’s Lacrosse (2007 – 2010)**
- **Louisville Ballet (2000 – 2016)**
- **WWE Midwest Training Facility (2000 – 2006)**
- **Indiana University Southeast (1999 – 2015)**
- **Spaulding University, (1999 – 2014)**
- **Kentucky Karma: Women’s Football Team (2005 – 2010)**
- **North Oldham High School (2003 – 2006)**
- **South Oldham High School (2005 – Present)**
- **Presentation Academy, Louisville Kentucky (1997 – 2006)**

Honors and Awards

- **Kentucky Women’s Physicians Association: President (1997 – 1998)**
- **Tower Award for Women Leaders: Science and Medicine, October 21, 1999.**
- **International Women’s Orthopaedic Society FORUM: President (October 2001)**
- **Presentation Academy Board of Directors (2002 – Present)**
- **Winner of Vitals Patients Choice Award 2012, 2016**
- **Awarded Vitals Compassionate Doctor 2013, 2016**
- **Voted one of the top 10 Orthopaedic surgeons in Louisville by America Top 10**
- **Awarded the Departmental Award by the University of Louisville of Family Medicine and Geriatrics, June 22, 2013, Muhammad Ali Center, Louisville, KY**
- **Nominated for Health and Wellness Award: Today’s Women, March 2014**
- **Awarded Small Business Owner NAWBO Epic Award, March 2016**
- **Awarded Volunteer of the Year at the YMCA 2017**
- **Business First, “Small Business of the Year Award”. December 5, 2017, Seelbach Hotel, Louisville, Kentucky**

Community Service

- **Family & Children's Place Board of Directors: 2022 – present**
- **Louisville Sports Commission Executive Committee Board of Directors: 2016 – 2017**
- **Louisville Active Co – Chairperson: 2016 – 2018**
- **Norton Commons YMCA Board of Directors: 2015 – 2020**
- **Louisville Sports Commission Board of Directors: 2014 – 2017**

Memberships

- **Family & Children's Place Board of Directors: 2022 – Present**
- **National Association of Women Business Owners: 2016 – Present**
- **YMCA Board Member, Norton Commons Branch: 2015 – 2020**
- **Louisville Sports Commission: Health and Wellness Chairman, February 2015 – 2017**
- **Louisville Sports Commission: Elected June 2013 – 2017**
- **Baptist Hospital East CME Committee: 2013 – Present**
- **International STOP Sports Injuries Campaign: 2012 – Present**
- **American Academy of Sports Medicine: 2012 – Present**
- **Baptist Hospital East Emergency Room Committee: 2010 – 2014**
- **I.U Southeast University Natural Science Board of Directors: Feb 2005 – 2010**
- **USA Gymnastics: 2002 – Present**
- **Society of Medicine and Tennis: 2002 – Present**
- **American Academy of Orthopaedic Surgeons: 2002 – Present**
- **FORUM Society: International Women's Orthopaedic Society: Past President 2000 and Member 2000 – 2010**
- **Ruth Jackson Society: International Society for Women Orthopaedic Surgeons: 1997 – 2005**

Personal Interests

- **Tennis 3rd place USTA 3.5 Nationals: San Diego, CA, October 15th, 2001 Tennis USTA singles 4.0 / 4.5 (2002 – present)**
- **Tennis USTA 4.0 State tournament qualifiers (2003, 2004, 2005, 2007 season) ♦ Indiana**
- **United State Cycling Federation Time Trail Champion (1984)**
- **American Birkebeiner Cross Country Ski Marathon (1993, 1997, 1998, and 1999)**
- **Korteloppet Cross Country Ski Marathon (1982 4th overall and 2005)**

Research and Publications

1. **Grossfeld, S.L., Winter, R.B., Lonstein, J.E., Denis, F., Leonard, A. and Johnson, L.:** Complications of Anterior Spine Surgery in Children: A retrospective review of 599 cases.
 - Presented to the American of Orthopaedic Surgeons 61st Annual Meeting, New Orleans, LA. February 26 – March 1, 1994
 - Published: J. Ped. Orthop, 17: 89 – 95, 1997
2. **Grossfeld, S.L. Puno, R.M., Henry, S.P., Seligson, D. Harkiss, J.W. and Tsai, T.M.:** Functional Analysis of Tibial III – B and III – C Fractures.

- Presented to the American Academy of Orthopaedic Surgeons 59th Annual Meeting, Washington DC, 1992
 - Presented to the Orthopaedic Trauma meeting, Seattle Washington, October 31 – November 2, 1991.
 - Published: *Microsurgery*, 17: 167 – 1173, 1996
3. Puno, R.M., **Grossfeld, S.L.**, Johnson, J.A. and Holt, R.T.: Cotrel – Dubosset Instrumentation in Idiopathic Scoliosis.
- Presented at the American Academy of Orthopaedic Surgeons 58th Annual Meeting, Anaheim, California, 1991
 - Presented at the Scoliosis Research Society Meeting, Minneapolis, Minnesota, 1992.
 - Presented at the Southern Medical Association residents' and Fellows' conference, Nashville, Tennessee, October, 1990.
 - Published: *Spine*: Vol. 17, #85 pp. 258 – 260, 1992.
4. **Grossfeld, S.L.**, and Firrill, J.A.: The effects of Deferoxamine on Ischemic Changes in the Rat Skeletal Muscle: A Preliminary Study.
- Published: *Journal of Investigative Surgery*, Vol. 5, pp. 375 – 386, 1992
5. Loeb, T.M., Goddy, L. and **Grossfeld, S.L.**: Surgical Correction of Congenital Dislocation of the Hip Via the Ferguson approach: A Ten – Year Review.
- Unpublished
6. Holt, R.T., Puno, R.M., **Grossfeld, S.L.**, and Johnson, J.A.: Criteria for Selection of Fusion Levels in Idiopathic Scoliosis Instrument with Cotrel – Dubousset Instrumentation.
- Presented at the Scoliosis research Society Meeting Poster Presentation at the 25th Annual Meeting. Honolulu, Hawaii, 1990.
7. Puno, R.M., Voos, C., **Grossfeld, S.L.**, and Johnson, J.A. and Holt, R.T., Vertebral Rotation Determined by Computer Analysis in Idiopathic Scoliosis with Cotrel – Dubosset Instrumentation.
- Presented at the Scoliosis research Society Meeting Poster Presentation at the 25th Annual Meeting Honolulu, Hawaii 1990.
8. **Grossfeld, S.L.** and Engebretsen, L., Patellar Tendinitis: A Case Report.
- Published: *Scand. J. Med. Science in Sports*, 3 (12) p 24 – 26. Oct., 1994.
9. Boyd, J., **Grossfeld, S.L.**, and Quick, DC: Outcomes of Semitendinous/Gracilis Autograft with a LAD compared to Middle Third Patella Bone Tendon Bone Autograft.
- Presented: Mid – American Conference, San Antonio, TX, April 26 – 28th, 1996.
10. **Grossfeld, S.L.** and Buss, D.: Video production: How to Perform a Diagnostic Shoulder Arthroscopy in the Beach Chair Position.
- Presented: American Academy Orthopaedic Surgeons 63rd Annual Meeting, Atlanta, Georgia, February 23 – 27th, 1996
11. **Grossfeld, S.L.**, and VanHeest, A.S.: Pitcher's Periostitis
- Published in the *American Journal of Sports Medicine*, May, 1998.

12. **Grossfeld, S.L.**, Amendola, A., Fowler, O., Kirkley, E. and Litchfield, R.: Outpatient ACL Surgery and the Use of Femoral Nerve Blocks in a Prospective Randomized Trial.
 - Published in the Journal of Arthroscopy: 243 – 246, April, 2000.
13. Thomas, J.M., **Grossfeld, S.L.**, Panchang, P., Bohlig, B.: Compartment Syndrome poster.
 - Presented: American Medical Society for Sports Medicine 25thAnnual Meeting, Dallas, TX, April 15 – 20, 2016
14. Gathani, SK., Popham, R., Stumbo, J., **Grossfeld, S.L.**, Rhoads, D., Painful *Plié* – Case of a 22.Y.O. Dancer with Hip Pain.
 - Presented: 2015 American Medical Society for Sports Medicine Conference
15. Richardson, B.M., **Grossfeld, S.L.**, Stumbo, J., Daily, J., Ouch Mom, My Hip: Diagnosing Hip Pain in a Limping Child.
 - Presented: American Medical Society for Sports Medicine 25thAnnual Meeting, Dallas, TX, April 15 – 20, 2016
16. Thomas, J.M., **Grossfeld, S.L.**, Panchang, P.: Biomechanical Evaluation: A Case of Delayed Diagnosis
 - Presented: American Medical Society for Sports Medicine 25thAnnual Meeting, Dallas, TX, April 15 – 20, 2016
17. Bohlig, B, Thomas, J, **Grossfeld, S.L.**: Proximal Leg Pain with Activity in the Avid Distance Runner: A Case Report
 - Presented: American Medical Society for Sports Medicine (AMSSM) 2017 Annual Meeting, San Diego, CA, May 8 – 13, 2017.
18. Brown, S.T., **Grossfeld, S.L.**, Becker, J.A., Stumbo, J.R., Daily, J.P.: Pushing through the pain: Hip pain in an older adult.
 - Presented: American Medical Society for Sports Medicine (AMSSM) 2017 Annual Meeting, San Diego, CA, May 8 – 13, 2017.
19. Jankos, M., Singla, S., **Grossfeld, S.L.**: An unusual presentation of lower leg pain: A Case report
 - Presented: American Medical Society for Sports Medicine (AMSSM) 2018 Annual Meeting, Orlando, FL, April 24 – 29, 2018.

Local Publications

Kentuckiana Health and Fitness

- Osgood Schlatter Disease, September 1997
- Female Athlete Triad, November 1997
- Snow Boarding Injuries, February 1997
- Common Running Injuries: Prevention and Cure, March, 1998
- Tennis Elbow, August, 1998.
- The ACL Injury, Sept., 1998.

- The Pediatric and Adolescent ACL injury, Feb.1999
- Stress Fractures, July, 1999
- Returning to Sports after Total Joint Replacement Surgery, November, 1999
- Knee Injuries: January, 2002
- The ACL Injury: Can it be prevented? 2003

Today's Woman

- Osteoporosis: Treatment and Cure: December, 1998
- Osteoporosis: Common Questions and answers: June, 1999

Health South Family Medicine Publications

- Lateral Ankle Sprains, January, 1998
- Female Athlete Triad, March, 1998
- The ACL Injury, October, 1999

Health South Health Info – Video

- Common Injuries in Professional Ballet Dancers

Local Lectures

Anterior Shoulder Instability: Orthopaedic Surgery Grand Rounds: Kosair Children's Auditorium, February 7, 1998

Osteoporosis: Prevention and Cure: Humana Family Medicine Conference: Holiday Inn Conference Center, March 7th, 1998

Knee Pain: Three Different Patient Populations, Louisville Family Medicine Conference: Humana Building, September 19th, 1997

Common Running Injuries: March 7th, 1997, Republic Bank Conference Center

ACL Reconstructions: The Hamstring Autograft/Biomechanics and Rehabilitation

Osteoporosis: U of Louisville Family Medicine Grand Rounds, Sept. 4th, 1998, Jewish Hospital.

Why is Growing Old Such a Pain? The Perimenopausal Woman, Baptist Hospital East, Sept. 19, 1998.

Osteoporosis Symposium: Key note speaker, May 15th,1999, JCC Auditorium

Osteoporosis: Diagnosis, Treatment and Prevention, Kentucky Coalition of Nurse Practitioners and Nurse Midwives 11th Annual "Conference Toward Excellence in Primary Care and Midwifery", Louisville, Kentucky, April 21, 1999.

The Female Athlete: It's a Girl Thing! Downtown YMCA, July 24, 1999.

Injuries Common to the Female Athlete: The Derby City Chapter of the National Association of Orthopedic Nurses, November 8th, 1999, Downtown Norton Hospital Auditorium.

Common Athletic Injuries to the Student Athlete: Southern Indiana Coaches Sports Symposium, New Albany, IN, November 30th, 1999

Osteoarthritis and Osteoporosis: Louisville Women's Physician Forum, Louisville, Kentucky, February 8th, 2000

Knee Pain: Diagnosis and Treatment: U of Louisville Family Medicine Grand Rounds, Jewish Hospital, Louisville, Kentucky; February 22nd, 2000.

Arthritis: Diagnosis and Treatment: Baptist Hospital East March 3rd, 2000

Anti-inflammatory Medications: Risks and Benefits: National Women's Orthopaedic Society, First Annual Meeting, San Diego, California, October 10th, 2000

Common Running Injuries: Baptist Hospital East, March 17th, 2001

Weekend Warriors: Evaluation and Treatment of Common Orthopaedic Injuries: The Kentucky Coalition of Nurse Practitioners/ Nurse Midwives Thirteenth Annual Conference Toward Excellence in Primary Care and Midwifery, The Gait House, Louisville, KY, April 28, 2001

Management of Osteoarthritis: 51st Kentucky Academy of Family Physicians Annual Scientific Assembly, May 17th, 2002, Holiday Inn Hurstbourne, Louisville, Kentucky.

Common Running Injuries: University of Louisville Family Practice Grand Rounds, Jewish Hospital, Louisville, Kentucky; September, 2002.

Osteoporosis: Review in Treatment and Diagnosis. Baptist Hospital East Wellness Center, Louisville, Kentucky; November 13, 2002

The Elbow: Injuries and Treatment. University of Louisville Family Practice Grand Rounds, Jewish Hospital, Louisville, Kentucky; October 15th, 2004.

Osteoporosis and Bone Pain: Norton's Women's Health Care Program, March 6th, 2005, Women's Pavilion Norton's Suburban Hospital, Louisville, KY

Hip Pain Diagnosis and Treatment: Family Medicine Board Review Course, March 15th, 2005, Jewish Hospital Conference Center, Louisville, KY

The Female Athlete: Bellarmine Physical Therapy Lecture, Bellarmine University, April 6th, 2005 & March 15th, 2010, Louisville, KY

Wilderness Medicine, Quest for the Outdoors, August 9th, 2005, Louisville, KY

The Female Athlete: U of L Orthopaedic Grand Rounds, September, 2005, Louisville, KY

The Female Athlete and Sports Injuries: CME lecture, U of Louisville, March 2006

Total Knee Arthroplasty: The Procedure: CME Lecture Series, Baptist Hospital East, Louisville, KY, August 26th, 2006

New Innovations in Knee Surgery for Osteoarthritis: Grand Rounds Family Medicine, CME lecture, U of Louisville, August 24, 2007

Differential Diagnosis of the Knee: Sports Medicine Symposium “Going the Distance” Spaulding University, Louisville, KY June 3, 2010

The Work – Related Knee: Injury, treatment and Disability, Comp Ed Seminar, Galt House, Louisville, KY, June 2, 2011.

Patient Profiling: University of Louisville Medical Residents lecture, September 28, 2012.

The ABC’s of the ACL: No Bones About It lecture series, Baptist Hospital East, Louisville, KY, January 21, 2013.

Upper Extremity Injury Prevention and Performance in Tennis, Baptist Sports Medicine, Louisville, KY, March 16, 2013.

Midwest Cross Country Ski Seminar: Physiology of Cross – Country Ski Racing, September 2014

Why Does My Shoulder Hurt? University of Louisville Medical Residents lecture, January 29, 2016

Why Does My Shoulder Hurt? University of Louisville Medical Residents lecture, September 22, 2017

Common Work – Related Shoulder Injuries, 15th Annual Kentucky Workers’ Compensation Conference, April 25, 2018

The Shoulder, Elbow and Wrist Injuries: Diagnosis, Anatomy and Treatment, Sullivan University Physician’s Assistant Program, Sullivan University College of Pharmacy and Health Sciences, April 20, 2020

The Shoulder, Elbow and Wrist Injuries: Diagnosis, Anatomy and Treatment, Family Medicine Grand Rounds Virtual Lecture, University of Louisville, March 12, 2021

The Shoulder, Elbow and Wrist Injuries: Diagnosis, Anatomy and Treatment, CompEd 2021 Virtual Seminar, March 12, 2021

The Shoulder, Elbow and Wrist Injuries: Diagnosis, Anatomy and Treatment Sullivan College Physician Assistant Program Virtual Seminar April 16, 2021

The Shoulder, Elbow and Wrist Injuries: Diagnosis, Anatomy and Treatment, 31st Annual Workers’ Compensation Conference Virtual Seminar, October 12th, 2021

Common Foot and Ankle Injuries: Diagnosis and Treatment , Internal Medicine and Pediatric Residents, University of Louisville Virtual Lecture, December 3, 2021

Own Your Own Business, KCD Upperclassmen, March 23, 2022

Upper extremity Injuries, Sullivan College Physician Assistant Program Virtual Seminar April 15, 2022

The Shoulder, Elbow and Wrist Injuries: Diagnosis, Anatomy and Treatment, Family Medicine Virtual Lecture, University of Louisville, September 30, 2022

Should I Become a Doctor?, Kentucky Country Day School; February 6th, 2023

Radio Programs

- WNAI – Radio Show, July 27, 1998: **Sports Medicine, Questions & Answers**
- WNAI – Radio Show, November 16, 1998: **Osteoporosis**
- WJIE – Radio Show, July 19, 1999: **The Female Athlete and Her Special Needs**
- WHAS – The Tony Cruse Show, July 20th, 1999, **The Female Athlete**
- WOW – We Survives Women Offering Women Wisdom, October 16, 1999: **Sports Medicine**
- NPR/ WFPL: **Healthworks**: August 20th, 2005: **Sports Medicine and Children**, Kirby Adams and Bryan Stanford
- NPR/WFPL: **Healthworks**: February 23rd, 2006: **Osteoporosis**
- ESPN RADIO 93.9 The Ville – **Regular Orthopaedic Segments**
- WKRD 790 – RedZone – May 6, 2020 – **Pandemic of 2020 and Orthopaedic Surgery**
- Podcast with Lesley McShane – January 19, 2022 – **“The New Old You”**
- Podcast The New Old You ,with Lesley McShane – March 16, 2022 – **Arthritis , osteoporosis, Sarcopenia and avoiding injury as we age**
- Podcast with Madam Athlete – August 2, 2022 – **Ready for The Next Challenge**